



General Sailing Instructions – Insensee Güstrow **for regattas, organized by the Wassersport-Verein-Güstrow 1928 e. V.**

- [NP]** denotes that a breach of this rule will not be grounds for a protest by a boat.
[DP] denotes a rule for which the penalty is at the discretion of the protest committee and may be less than disqualification.
[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the “Racing Rules of Sailing” (RRS).
1.2 The ‘Ordnungsvorschriften Regattasegeln’ issued by the German Sailors Association (DSV) will also apply (see the website www.dsv.org for further information).
1.3 If there is a conflict between languages, the english text will take precedence. For the national prescriptions of the German Sailing Federation (DSV), the Notice of Race and the Sailing Instructions the german text will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board, which is located on the east side of the shed of the WVG 1928 e. V. Notices may also be posted on the website or electronic screens.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 hrs. on the day it will take effect. Any change to the format or schedule of races will be posted before 1900 hrs. on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole of the WVG 1928 e. V.
4.2 When flag “AP” is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in the race signal “AP”.
4.3 [DP] [NP] If flag “AP over H” is displayed ashore, the boats shall not leave the harbor.
4.4 [DP] [NP] When flag Y is displayed ashore, RRS 40 applies at all times while afloat. This changes RRS, the Part 4 preamble.

5. [NP] SCHEDULE OF RACES

- 5.1 Dates and number of races see Notice of Race.
5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6. CLASS FLAGS

Unless the Notice of Race does not provide using the official class flags, the following flags will be used: D (Ixylon), F (Finn-Dinghy), O (Optimist), R (Laser), T (Pirat).

7. RACING AREA

Racing area is Insensee Güstrow.

8. COURSES

- 8.1 The diagrams in Addendum A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
8.2 No later than the warning signal the race committee will display the course to be sailed (Addendum A) and place the first windward mark. The race committee will show the course to be sailed on a black board with white numbers (Addendum A).



9. MARKS

- 9.1 The marks 1, 2, 3, 3s, 3p and 4 will be big yellow cylindrical tons.
- 9.2 Offset (spreader) marks, if applicable, will be small yellow cylindrical tons.
- 9.3 The starting and finishing marks will be race committee vessels with orange flags or small red cylindrical tons.
- 9.4 If a leeward mark is shown as a single mark, the mark could be replaced by a gate.
- 9.5 If a leeward mark is shown as gate, the gate may be replaced by a single mark. If a gate is replaced by a single mark, that mark is to be left to port.

10. THE START

- 10.1 The starting line will be between a staff displaying an orange flag on the starting vessel, and either
 - a) a small red cylindrical ton, or
 - b) a staff displaying an orange flag on a race committee boat.
- 10.2 [DP] Boats, whose warning signal has not been made, shall avoid the starting area. The starting area is defined as a rectangle 30 meters from the starting line and marks in all directions.
- 10.3 A boat starting later than 4 minutes after her starting signal will be scored 'Did not start' (DNS or DNC) without a hearing. This changes RRS A4.
- 10.4 [DP] A buoy may be attached to the starting vessel anchor. Boats shall not pass between this buoy and the starting vessel at any time. This buoy is part of the starting vessel ground tackle.

11. COURSE CHANGES

- 11.1 See RRS 33.
- 11.2 If a course change affected a windward mark with an associated offset mark, the offset mark will not be moved so that there is no offset mark after the course change.

12. THE FINISH

- The finishing line will be between a staff displaying an orange flag on a race committee vessel and either
- a) a small red cylindrical ton, or
 - b) a staff displaying an orange flag on race committee vessel.

13. PENALTY SYSTEM

RRS Appendix P will apply.

14. TIME LIMITS AND TARGET TIMES

- 14.1 The target race time for all classes is 50 minutes. Failure to meet the target race time will not be grounds for redress. This changes RRS 62.1(a).
- 14.2 The time limit for all classes is 90 minutes.
- 14.3 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored 'Did not finish' (DNF) without a hearing. This changes RRS 35, A4 and A5.

15. PROTEST AND REQUESTS FOR REDRESS

- 15.1 A boat that intends to protest must notify the race committee at the finishing vessel. This changes RRS 61.
- 15.2 Protest forms are available at the Race Office.
- 15.3 The time limit for protests, requests for redress or reopening is 60 minutes after the last boat of the class or fleet has finished the last race of the day or the race committee signals "no more racing today", whichever is later. The protest time limit is 30 minutes after the signal "no more racing today" is displayed ashore.
- 15.4 Notices will be posted within 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings may be scheduled to begin before the end of protest time. Hearings will be held in the jury rooms, beginning as posted.



- 15.5 Notices of the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.6 A list of boats that have been penalized under RRS Appendix P for breaking RRS 42 will be posted.
- 15.7 Breaches of rules in the Notice of Race or Sailing Instructions marked [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 15.8 Penalties for breaches of class rules or rules in the Notice of Race or in the Sailing Instructions marked [DP], are at the discretion of the protest committee.
- 15.9 For breaches of rules in the Notice of Race or in the Sailing Instructions marked [SP], the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. This changes RRS 63.1 and Appendix A5.
- 15.10 On the last day of racing a request to reopen a hearing shall be lodged within the protest time limit. The time limit for a request to reopen a protest of the day is within 30 minutes after the protest decision has been given. This changes RRS 66.
- 15.11 On the last scheduled day of racing, a request for redress based on a decision by the protest committee shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16. SCORING

- 16.1 See Notice of Race.
- 16.2 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the Race Office.
- 16.3 Boats breaching RRS 28.1 (Sailing the Course) will be scored 'Did not finish' (DNF) without a hearing. This changes RRS 63.1.

17. [DP] [NP] SAFETY REGULATIONS

- 17.1 Boats not leaving the harbour for a scheduled race, shall promptly notify the Race Office.
- 17.2 On arrival in the racing area each day, each boat shall sail past the stern of the Race Committee signal boat on starboard tack and hail her sail number until acknowledged by the race committee.
- 17.3 A boat that retires from a race shall notify the race committee as soon as practicable and personally the race office no later than protest time limit.

18. [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors will be allowed only in accordance with the national prescriptions and a prior written approval of the race committee.
- 18.2 Substitution of damaged or lost equipment is only with approval of the race committee allowed. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. [DP] EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20. OFFICIAL BOATS

- 20.1 Official boats will be marked as follows:
 - a) Race Committee: white flag with 'RC'.
 - b) Protest Committee/Jury/Judges: white flag with 'JURY'.
 - c) Rescue/First Aid/Medical Advice: white flag with 'RESCUE' or Red Cross.
- 20.2 Actions by official boats shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b).



21. SUPPORT BOATS

- 21.1 [DP] Team leaders, coaches and other support personnel shall stay in a distance of at least 50 meters outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 21.2 Support boats shall give all possible help to any person or vessel in danger or in need of outside assistance.
- 21.3 Support boats shall be kept in their assigned places in the harbour.

22. [DP] PARKING AND TRASH DISPOSAL

- 22.1 Boats, trailers and cars shall be parked only in the provided areas.
- 22.2 Trash shall be placed ashore in trash containers.

23. [DP] HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

24. [DP] RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones or tablets.

25. PRIZES

See Notice of Race.

26. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27. INSURANCE

See Notice of Race.



Addendum A – COURSE DIAGRAMS

Course 1 bis 4 – Up-and-Down		Course 5 – Triangle	
Signal	Mark Rounding Order	Signal	Mark Rounding Order
1	Start – 1 – 1a – 3s/3p – Finish	5	Start – 1 – 1a – 2 – 3p – 1 – 1a – 3p – 1 – 1a – 2 – 3p – Finish
2	Start – 1 – 1a – 3s/3p – 1 – 1a – 3s/3p – Finish		
3	Start – 1 – 1a – 3s/3p – 1 – 1a – 3s/3p – 1 – 1a – 3s/3p – Finish		
4	Start – 1 – 1a – 3s/3p – 1 – 1a – 3s/3p – 1 – 1a – 3s/3p – 1 – 1a – 3s/3p – Finish		



Addendum A – COURSE DIAGRAMS

Course 6 und 7 – Outer Loop		Course 8 und 9 – Inner Loop	
Signal	Mark Rounding Order	Signal	Mark Rounding Order
6	Start – 1 – 2 – 3s/3p – – 2 – 3p – 5 – Finish	8	Start – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish
7	Start – 1 – 2 – 3s/3p – 2 – 3s/3p – – 2 – 3p – 5 – Finish	9	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish