



General Sailing Instructions – Inseee Güstrow for regattas, organized by the Wassersport-Verein-Güstrow 1928 e. V.

- [NP]** denotes that a breach of this rule will not be grounds for a protest by a boat.
[DP] denotes a rule for which the penalty is at the discretion of the protest committee and may be less than disqualification.
[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2017-2020 (RRS).
1.2 The 'Ordnungsvorschriften Regattasegeln' issued by the German Sailors Association (DSV) will also apply (see the website www.dsv.org for further information).
1.3 If there is a conflict between languages, the english text will take precedence. For the german national prescriptions, the Notice of Race and the Sailing Instructions the german text will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board, which is located on the east side of the shed of the WVG 1928 e. V.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least one hour before the scheduled time to leave the harbour on the day it will take effect. Any change to the schedule of races will be posted before 1900 hrs on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole of the WVG 1928 e. V.
4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
4.3 [DP] [NP] If flag AP over H is displayed ashore, the boats shall not leave the harbor.
4.4 [DP] [NP] When flag Y is displayed ashore, RRS 40 applies at all times while afloat. This changes RRS, the Part 4 preamble.

5. [NP] SCHEDULE OF RACES

- 5.1 Dates and number of races see Notice of Race.
5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6. CLASS FLAGS

Unless the Notice of Race does not provide using the official class flags, the following flags will be used: D (Ixyton), E (470), F (Finn-Dinghy), J (Cadet), K (OK [mini]), O (Optimist), R (Laser), T (Pirat), V (420).

7. RACING AREAS

Racing area is Inseee Güstrow.



8. COURSES

- 8.1 The diagrams in Attachment B show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal the race committee will display the course to be sailed (attachment B) and place the first windward mark. The race committee will show the course to be sailed on a black board with white numbers (attachment A).

9. MARKS

- 9.1 The marks 1, 2, 3, 3s, 3p and 4 will be yellow cylindrical tons.
- 9.2 Offset (spreader) mark, if applicable, will be a red ball.
- 9.3 The starting and finishing line marks may be race committee vessels or spar buoys with an orange flag.
- 9.4 If a leeward mark is shown as a single mark, the mark could be replaced by a gate.
- 9.5 If a leeward mark is shown as gate, the gate may be replaced by a single mark. If a gate is replaced by a single mark, that mark is to be left to port.

10. THE START

- 10.1 The starting line will be between a staff displaying an orange flag on the starting vessel, and either
 - a) a buoy with an orange flag, or
 - b) a staff displaying an orange flag on a race committee boat.
- 10.2 [DP] Boats, whose warning signal has not been made, shall avoid the starting area. The starting area is defined as a rectangle 30 meters from the starting line and marks in all directions.
- 10.3 A boat starting later than 4 minutes after her starting signal will be scored 'Did not start' (DNS or DNC) without a hearing. (This changes RRS A4.)
- 10.4 [DP] A buoy may be attached to the starting vessel anchor. Boats shall not pass between this buoy and the starting vessel at any time. This buoy is part of the starting vessel ground tackle.

11. COURSE CHANGES

- 11.1 See RRS 33.
- 11.2 If a course change affected a windward mark with an associated offset mark, the offset mark will not be moved so that there is no offset mark after the course change.

12. THE FINISH

- The finishing line will be between a staff displaying an orange flag on a race committee vessel and either
- a) a buoy with an orange flag or
 - b) a staff displaying an orange flag on race committee vessel.

13. PENALTY SYSTEM

RRS Appendix P will apply.



14. TIME LIMITS AND TARGET TIMES

- 14.1 Target race time for all classes is 60 minutes. Failure to meet the target race time will not be grounds for redress. This changes RRS 62.1(a).
- 14.2 If no boat has passed mark 1 within 30 minutes, the race will be abandoned.
- 14.3 If no boat has reached the finishing line within 90 minutes, the race will be abandoned.
- 14.4 Boats failing to finish within 30 after the first boat sails the course and finishes will be scored 'Did not finish' (DNF) without a hearing. This changes RRS 35, A4 and A5.

15. PROTEST AND REQUESTS FOR REDRESS

- 15.1 A boat that intends to protest will inform the race committee at the finishing vessel. This changes RRS 61.
- 15.2 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered within the appropriate time limit. Die Protest time limit is 60 minutes after the last boat of the class has finished the last race of the day or to the race committee signals no more racing today, whichever is later.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, beginning at the time posted.
- 15.4 Notices of the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5 A list of boats that have been penalised according to appendix P for infringing RRS 42 will be posted before protest time limit.
- 15.6 Breaches of rules in the Sailing Instructions marked [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 15.7 Penalties for breaches of class rules or rules in the Notice of Race or in the Sailing Instructions marked [DP], are at the discretion of the protest committee. A boat may accept a discretionary penalty before a hearing concerning the same incident by completing a form available at the race office.
- 15.8 For breaches of the SIs marked [SP], the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. This changes RRS 63.1 and Appendix A5.
- 15.9 On the last day of racing a request to reopen a hearing shall be lodged within the protest time limit. The time limit for a request to reopen a protest of the day is within 30 minutes after the protest decision has been given. This changes rule 66.

16. SCORING

- 16.1 See Notice of Race.
- 16.2 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the Race Office.
- 16.3 Boats breaching RRS 28.1 (Sailing the Course) will be scored 'Did not finish' (DNF) without a hearing. This changes RRS 63.1.



17. [DP] [NP] SAFETY REGULATIONS

- 17.1 A boat that retires from a race shall inform the race committee or race office after returning ashore as soon as practicable.
- 17.2 On arrival in the racing area each day, each boat shall sail past the stern of the Race Committee signal boat on starboard tack and hail her sail number until acknowledged by the race committee.

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 [DP] Substitution of competitors will be allowed only in accordance with the national prescriptions and a prior written approval of the race committee.
- 18.2 [DP] Substitution of damaged or lost equipment is only with approval of the race committee allowed. Requests for substitution shall be made to the committee at the first reasonable opportunity.
- 18.3 In ranking list regattas the registered skipper shall helm the boat.

19. [DP] EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20. OFFICIAL BOATS

- 20.1 Official boats will be marked as follows:
 - a) Race Committee: white flag with 'RC'.
 - b) Protest Committee/Jury/Judges: white flag with 'JURY'.
 - c) Rescue/First Aid/Medical Advice: white flag with 'RESCUE' or Red Cross.
- 20.2 Actions by official boats shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b).

21. SUPPORT BOATS

- 21.1 [DP] Team leaders, coaches and other support personnel shall stay in a distance of at least 50 meters outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 21.2 Support boats shall give all possible help to any person or vessel in danger or in need of outside assistance.
- 21.3 Support boats shall be kept in their assigned places in the harbour.

22. [DP] PARKING AND TRASH DISPOSAL

- 22.1 Boats, trailers and cars shall be parked only in the provided areas.
- 22.2 Trash shall be placed ashore in trash containers.

23. [DP] HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.



24. [DP] RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones, tablet-PCs, W-LAN etc.

25. PRIZES

See Notice of Race.

26. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The authority of the event has the liability only in the extent committed in the notice of race.

27. INSURANCE

See Notice of Race.



Addendum A – COURSES

- 1** **Course 1** (Up-and-Down once, with offset mark 1a):
Mark sequence: Start - 1 - 1a - 3s/3p - Finish
- 2** **Course 2** (Up-and-Down twice, with offset mark 1a):
Mark sequence: Start - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - Finish
- 3** **Course 3** (Up-and-Down triple, with offset mark 1a):
Mark sequence: Start - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - Finish
- 4** **Course 4** (Up-and-Down fourfold, with offset mark 1a):
Mark sequence: Start - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - Finish
- 5** **Course 5** (Trapezoid course „Inner Loop“):
Mark sequence: Start - 1 - 4 - 1 - 2 - 3 - 4 - Finish
- 6** **Course 6** (Trapezoid course „Inner Loop“ twice):
Mark sequence: Start - 1 - 4 - 1 - 4 - 1 - 2 - 3 - 4 - Finish
- 7** **Course 7** (Trapezoid course „Outer Loop“):
Mark sequence: Start - 1 - 2 - 3 - 2 - 3 - 4 - Finish
- 8** **Course 8** (Trapezoid course „Outer Loop“ twice):
Mark sequence: Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - 4 - Finish
- 9** **Course 9** (Olympic triangle plus additional triangle, with offset mark 1a):
Mark sequence: Start - 1 - 1a - 2 - 3 - 1 - 1a - 3 - 1 - 1a - 2 - 3 - Finish

Addendum B – COURSE DIAGRAMS

